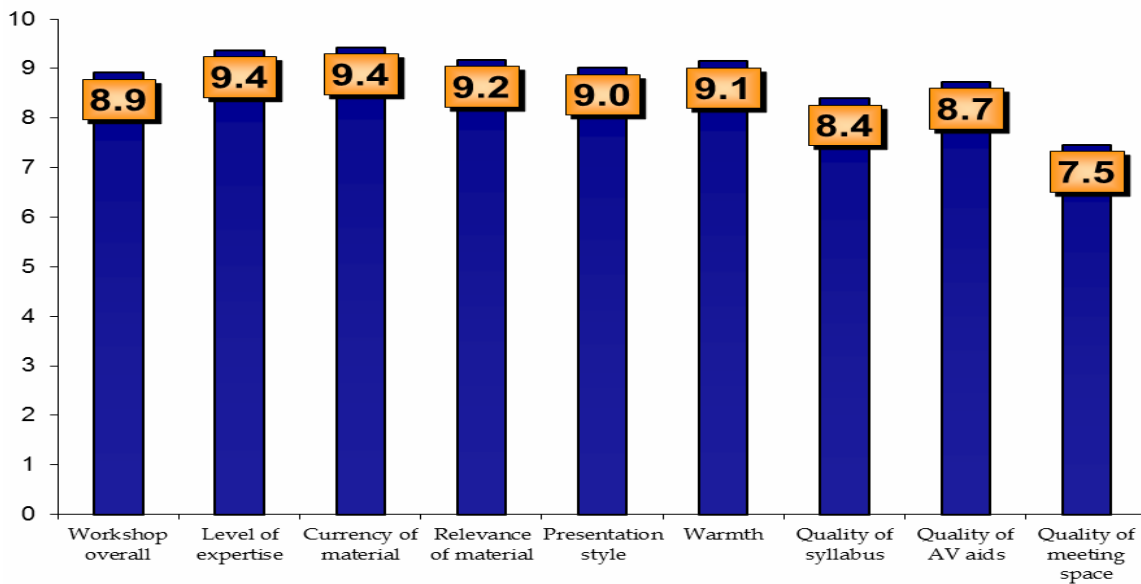




# CBT Foundations & Tools

June 9-10, 2011 in Ottawa (12.0 Mainpro-C hours)



- ★ One of the most enjoyable workshops ever
- ★ Learned a lot! Will definitely change my approach to things
- ★ Excellent—very practical
- ★ Definitely an above-average CME experience... I will recommend it highly to colleagues
- ★ Absolutely recommended—very applicable to many scenarios of family medicine
- ★ Remarkable expertise... brilliant workshop
- ★ The best workshop I've taken so far
- ★ Informal, approachable and comfortable style
- ★ Excellent course... definitely recommended
- ★ Such a relevant topic to family medicine
- ★ More interactive & interesting than most workshops
- ★ Very helpful... the best workshop I've taken
- ★ I came hoping to learn a bit about CBT & a few tools... I instead was presented with an abundance of tools and ways to implement them... far exceeded my expectations
- ★ Warm, personal & interactive
- ★ [Greg] really knows & understands this material & his field... very helpful suggestions, recommendations, references & techniques

- ★ The best workshop I've ever attended
- ★ Very interactive... very competent speaker
- ★ Good value for money—great to go to a meeting with no drug firm logos
- ★ Material not covered in other CME
- ★ Lots of useful examples
- ★ Solid information—relevant, evidence-based, and experience-informed
- ★ I had a lot of fun
- ★ Practical & practice-changing
- ★ Time & money well-spent
- ★ Addresses many commonly-encountered conditions... extremely well organized and effective presentation
- ★ At the top of workshops I've attended
- ★ Relevant, useful and practical
- ★ Very respectful
- ★ Relaxed & informal with good use of humour
- ★ Will make me a better physician
- ★ Excellent "hands on" techniques
- ★ Absolutely recommended