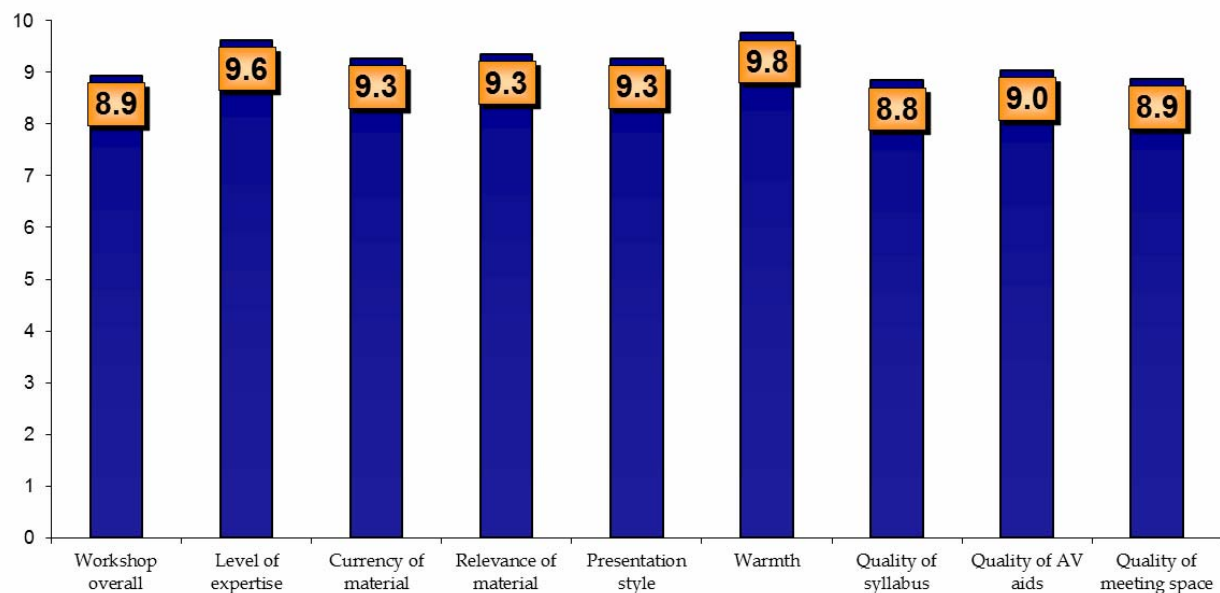




CBT for Depression

Presented for the University of Toronto Department of Family and Community Medicine
May 6, 2011 in Toronto, ON (6.0 Mainpro-C hours)



- ★ Such a big part of family practice... I wish CBT was taught in undergrad
- ★ Relaxed & friendly... well organized... excellent
- ★ Very educational... useful skills ... superb
- ★ Relevance +++
- ★ Material simple & easy to understand
- ★ Excellent... some very practical, useful tools that are relevant to many patients
- ★ Organized & concise... great!
- ★ Practical & helpful to patients in real world
- ★ Knowledgeable and enthusiastic
- ★ Systematic & organized yet flexible
- ★ Lot of humor—inspiring
- ★ Up-to-date... very well presented
- ★ Enjoyable & educational
- ★ Cheerful presenter (+ knowledgeable)

- ★ Lovely, personable
- ★ Lots of time for questions/ interaction
- ★ More entertaining than other workshops!
- ★ Enthusiastic, faced-paced & entertaining
- ★ Practical ... simple & relevant... excellent
- ★ Very interactive, very enthusiastic presenter... extremely informative
- ★ Among the best workshops I've attended
- ★ Engaging presenter ++... very relevant material... practical tips for everyday practice
- ★ Very useful... very much enjoyed the workshop!
- ★ **Should be mandatory training for all GP/FPs**
- ★ At the top of the workshops I've attended
- ★ Excellent group dynamics... superb workshop
- ★ Very useful
- ★ Extremely relevant & helpful