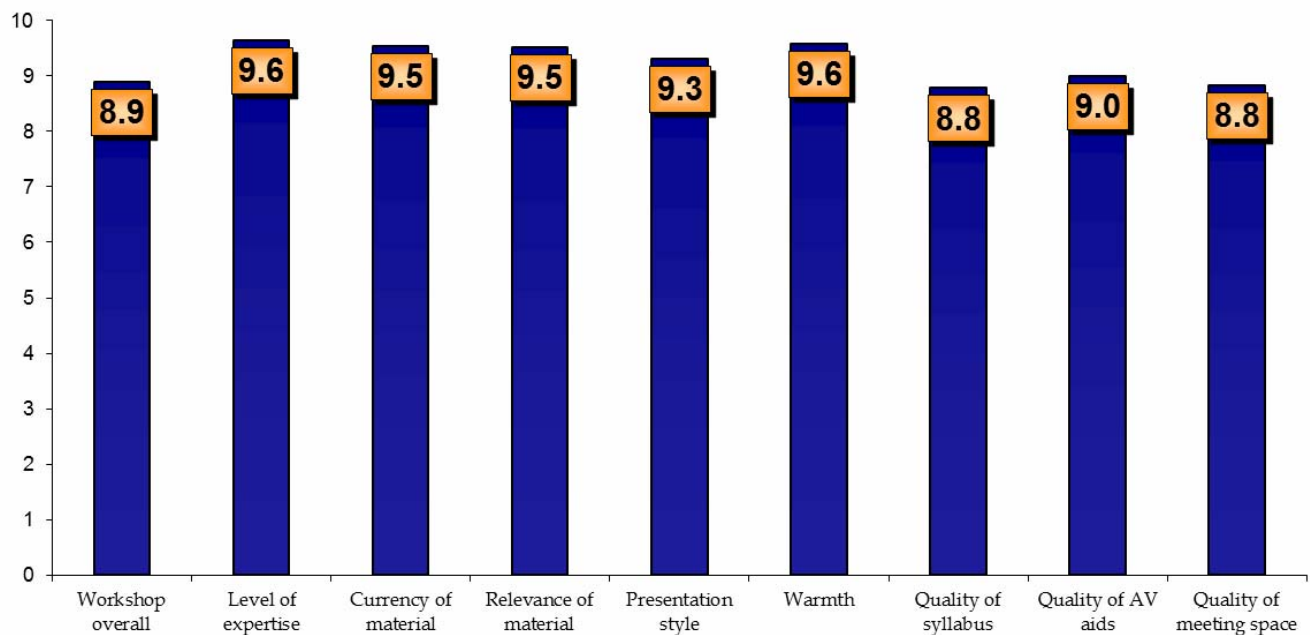




CBT for Anxiety

Presented for the University of Toronto Department of Family and Community Medicine
May 5, 2011 in Toronto, ON (6.0 Mainpro-C hours)



- ★ Very practical tips... very relevant to my practice
- ★ Organized & concise... great delivery
- ★ Excellent... evidence-based with clear references
- ★ Excellent slides
- ★ Very informative... very interactive session
- ★ Approachable, with entertaining dialogue
- ★ Light-hearted and interactive... excellent
- ★ A great deal of information well organized
- ★ Very interactive
- ★ I can use this stuff in <10 min in my office
- ★ I learned a lot
- ★ Lots of information... good learning
- ★ Very useful information for family practice
- ★ For sure I'd recommend this workshop to a colleague... great & useful information
- ★ Very organized

- ★ Very knowledgeable speaker
- ★ More interactive & less formal than other workshops
- ★ Great syllabus
- ★ Unbiased information
- ★ Very interactive... excellent presentation
- ★ I'm very satisfied—looking forward to sharing & implementing tools
- ★ Among the best workshops I've attended
- ★ Engaging speaker with practical information
- ★ Very helpful for practice... excellent!!
- ★ Aware of realities of family practice and limited time with patients
- ★ Excellent and useful—I plan to do more
- ★ **Definitely recommended**... useful in many aspects of family practice
- ★ Could not be better